

It's Spirit Week at MGA!

MGA is kicking off Spirit Week and you are invited. From giveaways, career and leadership programs, and casino night to two steppin', sporting events, pumpkin painting, and MidKnight Madness-there are many opportunities for you to get involved. How does this relate to psychology, you ask? Just take your pick. Social psychology through group interactions and verbal and non-verbal communication, cognitive psychology with thought processing and decision-making, and industrial/organizational psychology with career planning and organizational health are just a few ways we use psychology every day. You are in an exciting field, so get out there during spirit week and exercise your psychological skills! Click [here](#) for a full list of events.



MONDAY OCTOBER 12	TUESDAY OCTOBER 13	WEDNESDAY OCTOBER 14	THURSDAY OCTOBER 15	FRIDAY OCTOBER 16	
Spirit Week Giveaway Library Dublin Campus 9:00 a.m.	WinShape Camps Summer 2027 Jobs Recruitment Table Student Life Center Lobby Macon Campus 10:00 a.m. – 3:00 p.m.	Spirit Week Giveaway Oak Hall Student Center Warner Robins Campus 9:00 a.m.	Duke & Boots outside Georgia Hall by the pool Cochran Campus 9:00 p.m. – 12:00 a.m.	Atlanta Gas Light Corporate Trip McDonough, Georgia MGA bus departs Cochran at 8 a.m. and Macon at 9 a.m. 8:00 a.m. – 5:00 p.m.	
WinShape Camps Summer 2027 Jobs Recruitment Table Student Life Center Lobby Macon Campus 10:00 a.m. – 3:00 p.m.	MGA Volleyball vs. Erskine College Volleyball Gym Macon Campus 6:00 p.m.	Professional Checkpoint Day Eastman Flight Lobby Eastman Campus 10:00 a.m. – 12:30 p.m.		Backpack Buddies Volunteer Macon 9:00 a.m. – 12:00 p.m.	
Casino Night City of Eastman Room Eastman Campus 6:00 – 9:00 p.m.	KNIGHTS	Women's Soccer vs. Coker College Nesmith Field Cochran Campus 5:00 p.m.		MGA Volleyball vs. Augusta University Volleyball Gym Macon Campus 6:00 p.m.	
Two Steppin' with Duke Wellness Center Cochran Campus 6:30 – 8:30 p.m.		The Great Pumpkin Paint-Off Student Life Center Lobby Macon Campus 6:00 – 8:00 p.m.		KNIGHT PRIDE LIVES HERE	MGA
MidKnight Madness Morris Gym Cochran Campus 8:30 – 10:30 p.m.		MidKnight Madness Morris Gym Cochran Campus 8:30 – 10:30 p.m.			

Middle Georgia State University • Student Life • Spirit Week 2026

If you would like to be featured in a PSYCH Insights Newsletter, let us know! We would love to showcase your work, interests, questions, and ideas. Please email Dr. Amanda Avera for more information at amanda.chase@mga.edu.

You're Joking!

Why did the neuron break up with the other neuron?
-There was no connection.

Why are psychologists terrible at hide-and-seek?

-Because they're always analyzing where you're coming from.

Psychology student: "I diagnosed myself after today's lecture."

Professor: "And thus begins every Abnormal Psychology course."

New Psychology Lab on Cochran Campus

The Psychology Department is excited to announce the soon to be opening of its new psychology lab. The Psych Insights Research Lab is overseen by Dr. Amanda Avera and psychology students joining in the creation and implementation of the lab are Hannah Colvard, Mckenzie Hattaway, Sarah Harbin, Aracely Torres-Martinez, and Calvin Varcoe.

The lab's mission is to "To advance psychological research through a collaborative environment where faculty and students engage in scientific inquiry, develop research skills, conduct meaningful studies, and contribute to a greater understanding of human behavior and mental processes."

The team will be announcing studies soon and want to include you! Stay tuned for information on how to become involved in this exciting opportunity.

Behind the Scenes: Updating Our Psychology Courses

Quite a bit of work has been going on in the Psychology Department since the semester began! One project currently underway is a review and update of the Student Learning Outcomes (SLOs) for all psychology courses.

So, what exactly is a Student Learning Outcome? Simply put, SLOs describe what your professors want you to know, understand, and be able to do by the time you complete a course. For example, an outcome for Intro to Psychology might be:

"Identify and explain foundational psychological theories, concepts, and principles, and apply them to real-world situations and experiences."

You can find the SLOs for each of your courses in your syllabus. While they may seem like just another section of the syllabus, they actually play an important role in how your courses are designed. They help faculty determine what content to teach, what skills students should develop, and how assignments and activities can provide meaningful opportunities to apply what you are learning.

A committee of psychology faculty, led by Department Chair Dr. Paul Gladden, is currently reviewing and updating these outcomes to ensure our psychology courses continue to be engaging, relevant, and academically strong. Be on the lookout for updated Student Learning Outcomes in your psychology courses!



STUDENT ENGAGEMENT & EXPERIENCES PRESENTS

★ OCTOBER 7 ★



★ INTERACTIVE STATIONS ★

★ FREE T-SHIRT GIVEAWAY ★

★ GOODIES ★

11:00 A.M.–2:00 P.M.
OUTSIDE GEORGIA HALL
— COCHRAN CAMPUS —

